



**IMPACT** is made up of youth, ages 11 -18, with food, venom, environmental and latex allergies.

This crew is making an *IMPACT* on their community and one another by taking the lead in their own care and advocating for themselves within the community.

### **Join us to...**

- Enjoy fun (and free!) events like game night, laser tag, bowling, movies, yoga, etc.
- Connect & create potential lifetime friendships with others handling allergies, just like you!
- Gain community service hours through outreach at allergy awareness events
- Learn to advocate for yourself individually and together
- Mentor younger children of PAK and teach them your tips for handling allergies
- Stay up to date with ongoing research & safety tips

### **Contact us today!**

Email [impaktcharlotte@gmail.com](mailto:impaktcharlotte@gmail.com) to learn about the next event!

[www.pakcharlotte.org](http://www.pakcharlotte.org)